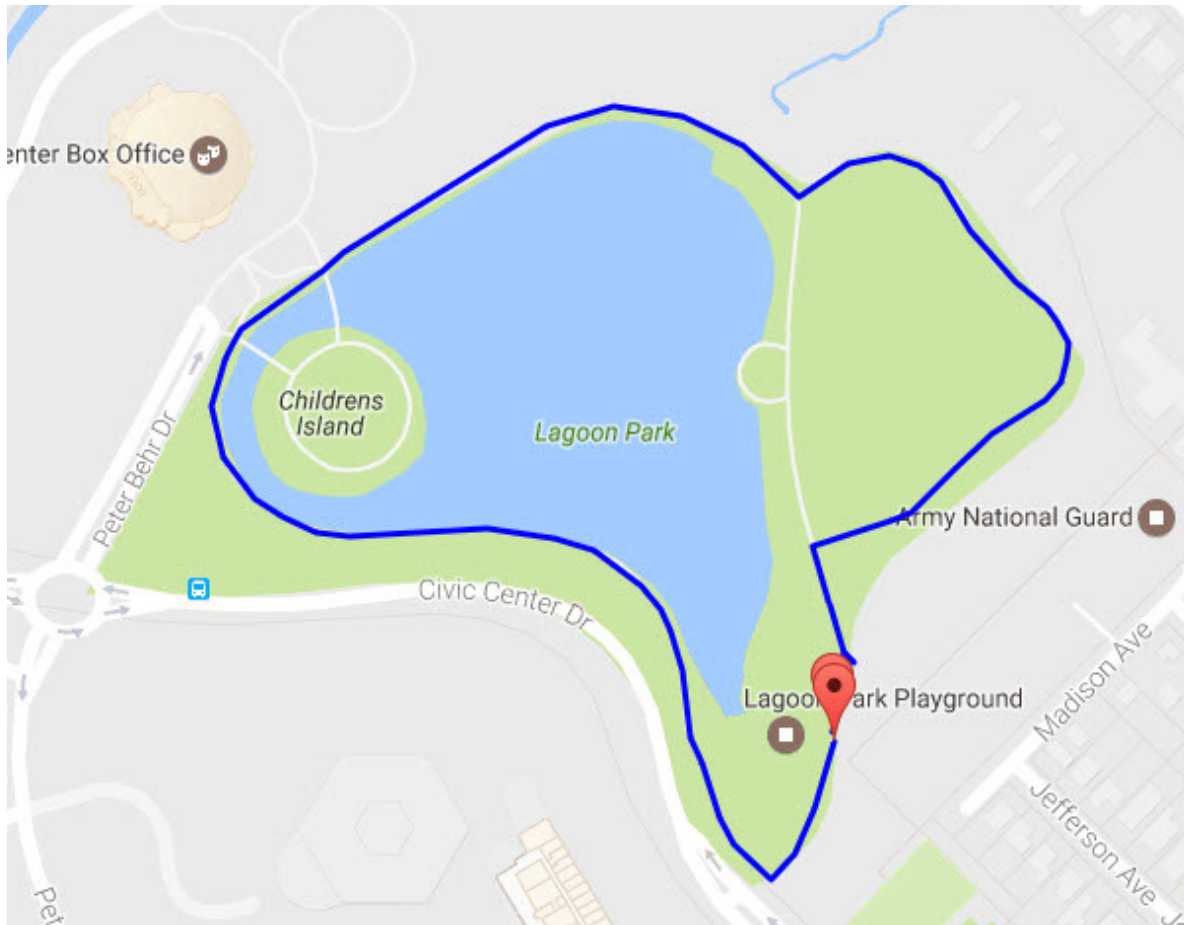


# Nooner Lagooner Route



**Wednesdays at NOON**

One Lap = 0.8 miles

Two Laps = 1.6 miles

Five Laps = 4 miles



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